



LUNCH

Menu is Subject to Change

FEBRUARY 2021

Shenandoah JK-8 Lunch Menu

Low-Fat and Fat-Free
Milk are Offered with All
Meals

Monday

Chicken Patty Sandwich **1**
Or
Hamburger on a Bun
French Fries
Cucumber Slices
Apple Slices
Jello
Choice of Milk

Tuesday

Cheese Filled Bosco Sticks **2**
Or
Crispitos
Lettuce Salad w/Cherry Tomatoes
Fresh Veggie Mix & Dip
Peaches
Grapes
Choice of Milk

Wednesday

Chicken Nuggets **3**
Or
Hot Ham & Cheese Sandwich
Baked Beans
Broccoli & Dip
Banana
Fruit Roll Up
Choice of Milk

Thursday

Chicken Noodle Casserole **4**
Or
Tenderloin Sandwich
Steamed Peas
Baby Carrots
Diced Pears
Choice of Milk

Friday

Stuffed Crust Pizza **5**
Or
PBJ Uncrustable
Green Beans
Lettuce Salad
Applesauce
Go-Gurt
Choice of Milk

BBQ Rib Sandwich **8**
Or
Hot Dog on a Bun
Baked Beans
Cucumber Slices & Baby Carrots
Pineapple Chunks
Pudding
Choice of Milk

Walking Taco **9**
Or
Chicken & Cheese Burrito
Corn
Lettuce Salad
Celery & Peanut Butter
Strawberries
Choice of Milk

Shrimp Poppers **10**
Or
Orange Chicken
Rice Pilaf
Fresh Veggie Mix & Dip
Mandarin Oranges
Apple Slices
Choice of Milk

Mini Corn Dogs **11**
Or
Chicken Bacon Sandwich
Broccoli & Cheese
Fresh Veggie Mix
Orange Wedges
Choice of Milk

Spaghetti w/Meat Sauce **12**
Or
Chicken Tenders
Lettuce Salad
Baby Carrots
Mixed Fruit
Cookie
Choice of Milk

15
NO
SCHOOL

Meatball Sub **16**
Or
Turkey and Cheese Sandwich
Waffle Fries
Baby Carrots & Dip
Diced Pears
Choice of Milk

3 Meat Pizza Calzone **17**
Or
Chicken Nachos
Corn
Broccoli, Cauliflower & Dip
Applesauce
Juicy Juice
Choice of Milk

Chicken Nuggets **18**
Or
Meatloaf
Mashed Potatoes & Gravy
Cucumber Slices
Peaches
Dinner Roll
Choice of Milk

Cheese French Bread Pizza **19**
Or
PBJ Uncrustable
Green Beans
Fresh Veggie Mix & Dip
Mandarin Oranges
Yogurt
Choice of Milk

Stuffed Crust Pizza **22**
Or
Mini Corn Dogs
Lettuce Salad
Fresh Veggie Mix & Dip
Orange Wedges
Blueberries
Choice of Milk

Enchilada Casserole **23**
Or
Chicken Fajita
California Vegetables
Broccoli & Baby Carrots
Peaches
Apple Slices
Choice of Milk

Pulled Pork Sandwich **24**
Or
Cheeseburger on a Bun
French Fries
Fresh Veggies & Dip
Pears
Graham Cracker
Choice of Milk

Chicken Alfredo **25**
Or
Cheese Filled Bosco Sticks
Green Beans
Carrots & Dip
Mixed Berries
Fresh Fruit
Choice of Milk

Macaroni & Cheese **26**
Or
Fish Shapes
Steamed Peas
Lettuce Salad w/Cherry Tomatoes
Grapes
Bread Stick
Choice of Milk

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MySchoolBucks.com